



State Department of Education

***Prevention programs in Idaho...***

***focus on building the strengths of young people by establishing a positive learning environment that is safe, drug and violence free in which youth may develop to their maximum academic and life skills potential.***

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## EXECUTIVE SUMMARY

### STATE DEPARTMENT OF EDUCATION STATE TOBACCO TAX AND FEDERAL TITLE IV 2005-2006 SAFE AND DRUG-FREE SCHOOLS PREVENTION PROGRAM (SDFS)

The **goal** of the SDFS program is to build on the strengths of Idaho students by establishing a positive learning environment that is safe and drug and violence free in which youth may develop to their maximum academic and life skills potential.

#### SDFS PROGRAM – 2005-2006

- ♦ **109 District program grants awarded**
  - plus Idaho School for the Deaf and the Blind
  - plus seven charter schools
- ♦ **1,177,591 plus participants** (comprehensive approach; participants involved in more than one activity, service or program)
- ♦ **465,212 plus volunteer hours**

#### PROGRAM SUCCESS INDICATORS

(Results for Years 1998-2006)

<b>42%</b>	Decrease of weapons brought onto school grounds
<b>56%</b>	Decrease in tobacco incidents on school campus and at activities
<b>38%</b>	Decrease of expulsions
<b>26%</b>	Decrease in incidents of fights on school campus and at activities

#### STUDENT ASSISTANCE PROGRAM

(2005-06 Student Survey Results)

<b>90%</b>	Reported that the program gave them positive ways to deal with problems
<b>86%</b>	Reported that they had felt increased feelings of self worth
<b>80%</b>	Reported that the program had a positive effect on school attendance

#### Impact

The Safe and Drug-Free Schools Program has had a significant impact on student use of tobacco, alcohol, and drugs.

According to the 2004 Substance Use and School Climate Survey conducted by the Northwest Regional Educational Laboratory for the State Department of Education, since 1996 students have reported percentage declines in usage as follows:

	<b>Grade 6</b>	<b>Grade 8</b>	<b>Grade 10*</b>	<b>Grade 12</b>
Tobacco	<b>- 4.3</b>	<b>-16.5</b>	<b>-16.9</b>	<b>-18.4</b>
Alcohol	<b>- 6.2</b>	<b>- 11.8</b>	<b>-7.6</b>	<b>-9.5</b>
Any drug	<b>+1.8</b>	<b>- 6.9</b>	<b>-4.0</b>	<b>-2.2</b>

\*Grade 10 surveys began in 1998.

A complete copy of the 2004 Substance Use and School Climate Survey can be found on the State Department of Education website: <http://www.sde.state.id.us/safe/publications/survey2004.asp> The 2006 survey will be administered in the month of November, 2006. Results available March 2007.

## Idaho Safe and Drug-Free Schools Program Program Success Indicators

The program is designed to discourage Idaho youth from the habitual use of alcohol, tobacco and other drugs. The principal goal of the program is to help ensure that all schools are safe, disciplined and drug-free by promoting the implementation of prevention programs directed toward drug use and violence.

### Program Accountability must follow the required Principles of Effectiveness:

- Based on needs assessments of objective data
- Based on performance measures
- Grounded in scientifically-based research  
(currently 31 research-based programs including 6 parent programs are being implemented)
- Based on analysis of prevalence of risk factors, protective factors, and 40 developmental assets identified through scientifically-based research  
(required that all programs, activities and services must address risk/protective factors)
- Include consultation with and input from parents  
(required parent representation on district Safe and Drug-Free Schools Advisory Board )
- Evaluated annually against locally selected performance measures and modified over time (based on the evaluation) to refine, improve and strengthen the program.

### Idaho Substance Use and School Climate Survey Results (1996-2004)

Percentage of ID Students who ever:

Grade	Used Alcohol		Used Smoking Tobacco		Used Any Drug		Used Cocaine		Used Marijuana		Used Inhalants		Used Meth	
	1996	2004	1996	2004	1996	2004	1996	2004	1996	2004	1996	2004	1996	2004
6th	24.4	18.2	8.0	3.7	7.6	9.4	.5	.5	2.1	1.3	5.7	5.0	.07	.08
8th	49.7	37.9	28.7	12.2	25.5	18.6	3.5	1.7	14.7	9.3	16.0	9.1	4.4	2.2
10th	69.8*	55.3	40.6*	23.7	44.9*	32.7	5.1*	3.5	31.2*	23.8	10.7*	10.2	7.8*	4.6
12th	67.9	58.4	48.1	29.7	37.6	35.4	7.2	4.3	33.4	27.1	10.0	7.2	10.4	5.0

\*10th grade was not included in the 1996 survey – 1998 data was used. Next survey scheduled for fall of 2006

Complete survey results found on program web site: [www.sde.state.id.us/safe/publications/default.asp](http://www.sde.state.id.us/safe/publications/default.asp)

### State Year-End Incident Reports: (the annual incident report is a summary of data reported by Idaho's schools)

School Year	Tobacco Use	Tobacco Possession	Alcohol Use	Other Drug Use	Expulsions	Fights	Vandalism	Total Weapons
1997-98	1363	1487	275	392	406	10,400	1,528	1,132
2005-06	632	706	368*	447*	253	7,658	1,270	654

\* One reason for the increased number of reported incidents in alcohol and other drug use is the result of educators being trained in signs and symptoms of substance use.

Complete Year-End Reports found on program web site: [www.sde.state.id.us/safe/publications/default.asp](http://www.sde.state.id.us/safe/publications/default.asp)

### Student Assistant Programs (SAP)

These programs are defined as comprehensive primary prevention and early intervention programs for students in grades K-12. The programs include a systematic effort to educate, identify, assess, refer and support students with drug abuse problems and other high-risk behaviors that are interfering with the education and life development of students.

Support Group Results: survey results of students participating in the group component of the SAP (average number of surveys 7,500)

Survey Responses	2000-01	01-02	02-03	03-04	04-05	05-06
Reported that the program had a positive effect on school attendance	49%	71%	61%	64%	73%	80%
Reported that the program had a positive effect on overall school work	NA	68%	66%	62%	71%	74%
Reported that the program gave them positive ways to deal with problems	67%	84%	79%	82%	85%	90%
Reported that they had felt increased feelings of self worth	72%	79%	73%	76%	81%	86%

# **Safe and Drug-Free Schools Program**

## **PROGRAM FOUNDATION**

### ***Principal Goal***

The **goal** of the SDFS program is to build on the strengths of Idaho students by establishing a positive learning environment that is safe and drug and violence free in which youth may develop to their maximum academic and life skills potential.

### ***Primary Objectives***

- ◆ Develop age appropriate comprehensive drug education and prevention programs involving parents, schools and community.
- ◆ Provide a school environment that is a safe and drug-free place for students to learn and for adults to work.
- ◆ Enhance interwoven prevention and awareness activities that assist in the development of risk/protective factors and life skills and build on developmental assets.

### ***Prevention Strategies***

Researchers have identified several strategies that seem to prevent the involvement of young people in drug use, violence and other harmful behaviors. In implementing prevention efforts for youth, all of these strategies should be incorporated:

- ◆ Provide information
- ◆ Provide life skills training
- ◆ Provide alternative activities
- ◆ Involve the community

**COMPREHENSIVE PROGRAMS** – Annual school district applications are submitted for approval; however, before approval is granted districts are required to use "**Principles of Effectiveness**" to develop comprehensive substance abuse and violence prevention programs designed to meet the needs of all students.

### ***Components for Comprehensive Program (Design Implementation):***

- ◆ **Curriculum** – Prevention programs implemented and taught in classroom setting during the school day.
- ◆ **Non-Curriculum** – Activities that emphasize and reinforce prevention programs before and after school and during lunch.
- ◆ **Peer-Delivered** – Youth-led activities, such as mentoring, peer mediation, cross-age teaching, and Natural Helpers.
- ◆ **Intervention** – Services or activities that provide help, such as Student Assistance Programs (SAP), counseling, and drug/alcohol assessments.
- ◆ **Alternative/Charter Schools** – Programs established in alternative school teaching environment and charter schools.
- ◆ **Parent/Community** – Awareness/educational prevention and parenting skills programs.
- ◆ **Special Events** – Assemblies, presentations, and activities that reinforce prevention efforts.
- ◆ **Prevention Staffing/Development** – Staff involved in implementing prevention programs, workshops, seminars and trainings.
- ◆ **Volunteers** – Comprehensive approach to prevention involves volunteer activities.